



AMPLEFORTH CENTRE FOR THEOLOGY AND SPIRITUALITY
安培福神學會

Attentiveness . Hospitality . Stability . Community

Benedictine Spirituality Retreat 2018

Day 1 Monday 11 th June	Welcome to Ampleforth Abbey, North Yorkshire <ul style="list-style-type: none">• Morse Coach picks up at York Train Station• Visit to Ampleforth Abbey Visitor Centre• Dinner at Ampleforth Abbey Tea House• *Silence after dinner
Day 2 Tuesday 12 th June	Benedictine Spirituality Retreat at Ampleforth <ul style="list-style-type: none">• ACTS Hong Kong Ampleforth Abbey Retreat• Ampleforth Abbey Tour led by Fr Chad Boulton OSB• Breakfast, lunch and dinner at Ampleforth Abbey Tea Room
Day 3 Wednesday 13 th June	Stanbrook Abbey, the Ruins of Rievaulx Abbey and Byland Abbey <ul style="list-style-type: none">• ACTS Hong Kong Ampleforth Abbey Morning Session Retreat• Visit to Stanbrook Abbey, the Ruins of Rievaulx Abbey and Byland Abbey• Breakfast, lunch and dinner at Ampleforth Abbey Tea Room
Day 4 Thursday 14 th June	Durham Cathedral and Ushaw College <ul style="list-style-type: none">• Private tour of Ushaw College (the former seminary now belonging to the University of Durham) including the remarkable chapels, Pugin architecture, Big Library (soon to be focal point of the new Durham University Research Library) and some historical treasures; Mass in the main chapel.• Open Treasure Exhibition at Durham Cathedral - a new world-class exhibition experience. Embark on a journey of discovery through some of the most intact surviving medieval buildings in the UK as the story of Durham Cathedral and its incredible collections is revealed. Visitor experience includes the fourteenth-century Monks' Dormitory with its spectacular oak-beamed ceiling, a new state-of-the-art Collections Gallery and the magnificent Great Kitchen, one of only two surviving monastic kitchens in the UK.• Private Tour of Durham Cathedral - includes the history and development of the Cathedral, the Shrine of St Cuthbert, the Tomb of the Venerable Bede, the Galilee Chapel, the Chapel of the Nine Altars, the Nave and the Quire. <p>Built as a monastic cathedral by the Benedictines from 1093 to 1133, Durham Cathedral boasts some of the most intact surviving monastic buildings in England. It has been a place of worship, welcome and hospitality for almost a millennium, inspiring all who come. Located at the heart of the Durham UNESCO World Heritage Site, Durham Cathedral is one of the best examples of Romanesque architecture in Europe and is famous as the Shrine of St Cuthbert and the resting place of the Venerable Bede.</p> <ul style="list-style-type: none">• Breakfast and dinner at Ampleforth Abbey Tea Room• Buffet Lunch in Prior's Hall Durham (Lunch in the medieval Prior's Hall, which was formally the Prior's dining room when the Cathedral was a Monastery.)
Day 5 Friday 15 th June	Ampleforth Apple Orchard and Blossom Tour <ul style="list-style-type: none">• Guided Apple Orchard and cider mill tour• Breakfast at Ampleforth Abbey Tea Room• Lunch at the Windmill, followed by tasting of Ampleforth produce• Depart Ampleforth with Morse Coach to York Train Station

For reference only

